



Special Lunch and Dinner Selections

July 29th – August 4th
2018

SUNDAY

Lunch: Curried Chicken Salad

Croissant filled with chicken, apples, cranberries, walnuts, and celery in a mild curry sauce, served with a side of fresh melon.

Dinner: Turkey Noodle Casserole

Egg noodles with baked turkey breast baked in a savory sauce, served with a side of Caesar salad.

MONDAY

Lunch: Beef & Cheddar

Burger bun with warm roast beef, caramelized onions, and cheddar cheese sauce with a side of tomato slices with a glaze of balsamic vinegar.

Dinner: Lemon Herbed Chicken Thighs

Chicken thighs marinated in herbs, olive oil, and lemon juice, baked then served with quinoa medley and parsley buttered carrots.

TUESDAY

Lunch: Pulled Pork Sliders

Slow-roasted pulled pork tossed with a sweet BBQ sauce, served on a slider bun with coleslaw on the side.

Dinner: Baked Salmon

Filet of salmon topped with Dijon mustard and brown sugar, baked then served with rice pilaf and mixed veggies.

WEDNESDAY

Lunch: Grilled Kielbasa

Hoagie roll filled with grilled kielbasa, sauerkraut, and grain mustard, served with a potato salad.

Dinner: Shake & Bake Pork Chops

Shake and bake coated pork chops, served with au gratin potatoes and buttered peas.



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THURSDAY

Lunch: Tri Salad

Mixed greens topped with chicken salad, tuna salad, and egg salad with sliced cucumbers, and cherry tomatoes with your choice of dressing, served with a warm breadstick.

Dinner: Beef Stew

Hearty beef stew made with carrots, celery, and onions, served with mashed potatoes and a dinner roll.

FRIDAY

Lunch: Fried Spam Sandwich

Fried spam on white bread with mayo, lettuce, and tomato, served with mac salad.

Dinner: Chicken Cordon Blue

Baked chicken filled with ham and cheese then topped with hollandaise sauce. Served with asparagus and wild rice blend.

SATURDAY

Lunch: Cheese Blintz

Crepes stuffed with sweetened ricotta cheese, baked and topped with strawberry sauce, served with scrambled eggs and link sausage.

Dinner: Lasagna

Traditional lasagna with layers of pasta, Italian cheese, tomato sauce and ground beef, served with a side of garlic bread.