

| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY   |  |
|---|---|--|---|---|---|--|--|
| <h1>November 2023</h1>  |   | <p><b>“Give Thanks For A Little, and You Will Find A Lot.”</b><br/>-Hausa Proverb</p>  |   | <p><b>1</b><br/>9:00 Daily Calm-TV<br/>9:30 Chair Drumming-AR<br/>10:00 Ukulele Jamming-AR<br/><b>1:15</b> <b>Beginners Line Dancing at Twin Creeks</b><br/><b>1:30</b> <b>Food Committee-AR</b><br/><b>2:30</b> <b>Social Hour w/ Rick Millward</b><br/>6:00 Skip-Bo-DL</p>        | <p><b>2</b><br/>9:00 Daily Calm-TV<br/>9:30 Strength Class-AR<br/><b>10:00</b> <b>Blood Pressure Check-LIB</b><br/>10:00 Ukulele Jamming-AR<br/><b>1:00</b> <b>Necklace Craft at Horton Plaza</b><br/>1:00 Popcorn-LR<br/><b>1:00</b> <b>\$ Bingo-AR</b><br/><b>2:30</b> <b>Resident Council-DR</b><br/>3:30 Wii Bowling-TV</p>   | <p><b>3</b><br/>9:00 Daily Calm-TV<br/>9:30 Stretch &amp; Strengthen-AR<br/><b>1:00</b> <b>Depart for the movie “Priscilla” at Tinseltown</b><br/>1:30 Pinochle-AR<br/>2:00 Rumikub-AR<br/><b>4:00</b> <b>Bonnie Licht’s Memorial Service-AR</b><br/>6:00 Mexican Train-DL<br/>7:00 Movie Night-TV</p> | <p><b>4</b><br/><b>10:00</b> <b>Holiday Bazaar at The Nazarene Church</b><br/>10:30 Wii Bowling-AR<br/>2:00 Card/Dime Bingo-AR<br/>6:00 Skip-Bo-DL<br/>7:00 Movie Night-TV</p> |
| <p><b>5</b><br/><b>2:15</b> <b>Youth Symphony Of Southern Oregon Fall Concert at the Craterian \$20</b><br/>3:30 Vespers w/ Pastor Darrell Wiltrot (Trail Christian Fellowship) w/ Communion &amp; Music by The McLarens-AR<br/>7:00 Movie Night-TV</p> | <p><b>6</b><br/>9:00 Daily Calm-TV<br/>9:30 Stretch Class-AR<br/>10:30 Bingo-AR<br/>1:00 Ladder Golf-AR<br/><b>2:30</b> <b>Actors Workshop-AR</b><br/><b>2:30</b> <b>Tenzi Intro w/ Charmagne &amp; Maria-DL</b><br/>6:00 Skip-Bo-DL</p>  | <p><b>7</b><br/>9:00 Daily Calm-TV<br/>9:30 Weights Class-AR<br/><b>10:30</b> <b>Crafts w/ Ruth-AR</b><br/>1:00 Beanbag Baseball-AR<br/><b>2:30</b> <b>Farkle Intro w/ Charmagne &amp; Maria-AR</b><br/>3:00 Country Drive<br/>7:00 The Chosen-TV</p>  | <p><b>8</b><br/>9:00 Daily Calm-TV<br/>9:30 Chair Drumming-AR<br/>10:00 Ukulele Jamming-AR<br/><b>11:00</b> <b>Employee CPR First Aid Training-TV</b><br/>1:00 Cornhole-AR<br/><b>2:30</b> <b>Special Trivia Competition-AR</b><br/>6:00 Skip-Bo-DL</p> | <p><b>9</b><br/>9:00 Daily Calm-TV<br/>9:30 Strength Class-AR<br/>10:00 Ukulele Jamming-AR<br/><b>10:00</b> <b>Depart for the Farmers Market</b><br/>1:00 Popcorn-LR<br/>1:30 \$ Bingo-AR<br/><b>1:45</b> <b>Veteran Concert at Wilson Elementary</b><br/>2:30 Wii Bowling-TV</p>   | <p><b>10</b><br/>9:00 Daily Calm-TV<br/>9:30 Stretch &amp; Strengthen-AR<br/><b>10:00</b> <b>Holiday Market at the Expo</b><br/>10:30 Wordsmiths-DL<br/><b>10:30</b> <b>Pool Intro at Twin Creeks</b><br/><b>3:30</b> <b>Ruth Oaks Memorial Service-AR</b><br/><b>3:45</b> <b>Tri-Community Dinner at Shoji’s</b><br/>6:00 Mexican Train-DL<br/>7:00 Movie Night-TV</p> | <p><b>11</b> <b>Veterans Day</b><br/>10:30 Wii Bowling-AR<br/><b>11:00</b> <b>Veterans Day Lunch-DR</b><br/>2:00 Card/Dime Bingo-AR<br/>6:00 Skip-Bo-DL<br/>7:00 Movie Night-TV</p>  |  |
| <p><b>12</b><br/>3:30 Vespers w/ Pastor Kevin Gowland (New Life Nazarene) and Music by Aleen Bessonette-AR<br/>7:00 Movie Night-TV</p>  | <p><b>13</b> <b>Caregiver Appreciation Day</b><br/>9:00 Daily Calm-TV<br/>9:30 Stretch Class-AR<br/>10:30 Bingo-AR<br/><b>11:30</b> <b>Employee Chili Cook-Off-Lib</b><br/>1:00 Tri-Community Ladder Golf-AR<br/><b>2:30</b> <b>Tenzi-AR</b><br/>6:00 Skip-Bo-DL</p>                | <p><b>14</b><br/>9:00 Daily Calm-TV<br/>9:30 Weights Class-AR<br/><b>10:30</b> <b>Bible Study-AR</b><br/>1:00 Giant Jenga-AR<br/><b>2:00</b> <b>Armchair Travel: New England w/ Carole &amp; Dan Nielsen-TV</b><br/><b>2:30</b> <b>Farkle-DL</b><br/>3:00 Country Drive<br/>7:00 The Chosen-TV</p> | <p><b>15</b><br/>9:00 Daily Calm-TV<br/><b>9:30</b> <b>Chair Drumming w/ Maria &amp; Charmagne-AR</b><br/>10:00 Ukulele Jamming-AR<br/>1:00 Cornhole-AR<br/><b>2:30</b> <b>Social Hour w/ Louis Faro-DR</b><br/>6:00 Skip-Bo-DL</p>                     | <p><b>16</b><br/>9:00 Daily Calm-TV<br/>9:30 Strength Class-AR<br/>10:00 Ukulele Jamming-AR<br/><b>10:30</b> <b>Chair Zumba at Horton Plaza-AR</b><br/>1:00 Popcorn-LR<br/>1:30 \$ Bingo<br/>2:30 Wii Bowling-TV<br/><b>3:00</b> <b>DIY “Thankful” Garland Craft w/Maria-AR</b></p> | <p><b>17</b><br/>9:00 Daily Calm-TV<br/>10:30 Wordsmiths-DL<br/><b>11:00</b> <b>Lunch at Sweet Tea Express</b><br/><b>1:30</b> <b>Texas Hold’EmAR</b><br/>2:00 Rumikub-AR<br/><b>2:30</b> <b>Smores-BP</b><br/>6:00 Mexican Train-AR<br/>7:00 Movie Night-TV</p>  | <p><b>18</b><br/>10:30 Wii Bowling-AR<br/>2:00 Card/Dime Bingo-AR<br/>6:00 Skip-Bo-DL<br/>7:00 Movie Night-TV</p>  |  |
| <p><b>19</b><br/><b>12:45</b> <b>Depart for the Gingerbread Jubilee \$3.00</b><br/>3:30 Vespers w/ Pastor Bob Stubentrauch (New Life Nazarene) and Music by Aleen Bessonette -AR<br/>7:00 Movie Night-TV</p>  | <p><b>20</b><br/>9:00 Daily Calm-TV<br/>9:30 Stretch Class-AR<br/>10:00 Aqua Fitness at Twin Creeks<br/>10:30 Bingo-AR<br/>1:00 Ladder Golf-AR<br/><b>2:00</b> <b>Employee Inservice-AR/TV</b><br/><b>3:00</b> <b>Bugs-R-Us: Spiders &amp; Scorpions-TV</b><br/>6:00 Skip-Bo-DL</p> | <p><b>21</b><br/>9:00 Daily Calm-TV<br/>9:30 Weights Class-AR<br/><b>10:30</b> <b>Crafts w/ Ruth-AR</b><br/><b>1:00</b> <b>Drink of the Month w/ Maria &amp; RJ-AR</b><br/><b>3:00</b> <b>Country Drive</b><br/>7:00 The Chosen-TV</p>   | <p><b>22</b><br/>9:00 Daily Calm-TV<br/>9:30 Chair Drumming-AR<br/>10:00 Ukulele Jamming-AR<br/><b>1:00</b> <b>Make A Mini Pumpkin Pie w/ Maria-AR</b><br/><b>2:30</b> <b>Social Hour w/ The Melody Makers-DR</b><br/>6:00 Skip-Bo-DL</p>               | <p><b>23</b> <b>Thanksgiving</b><br/>9:00 Daily Calm-TV<br/><b>11-2</b> <b>Thanksgiving Buffet-DR</b><br/>2:30 Wii Bowling-TV</p>   | <p><b>24</b><br/>9:00 Daily Calm-TV<br/>9:30 Stretch &amp; Strengthen-AR<br/><b>11:00</b> <b>Lunch Bunch: Tin Tin Buffet</b><br/>1:30 Pinochle<br/>2:00 Rumikub-AR<br/><b>3:00</b> <b>Afternoon Coffee Trip to Royal Coffee Roasting</b><br/>6:00 Mexican Train-DL<br/>7:00 Movie Night-TV</p>  | <p><b>25</b><br/>10:30 Wii Bowling-AR<br/>2:00 Card/Dime Bingo-AR<br/>6:00 Skip-Bo-DL<br/>7:00 Movie Night-TV</p>  |  |
| <p><b>26</b><br/><b>1:15</b> <b>The Wizard of Oz at Camelot (\$39)</b><br/>3:30 Vespers w/ Pastor Jeff Lundblad (Eastside Baptist Church) and Music by Carolyn &amp; Gay -AR<br/>7:00 Movie Night-TV</p>  | <p><b>27</b><br/>9:00 Daily Calm-TV<br/>9:30 Stretch Class-AR<br/>10:30 Bingo-AR<br/>1:00 Ladder Golf-AR<br/><b>2:30</b> <b>Actors Workshop-AR</b><br/><b>3:00</b> <b>DIY Leaf Tray Craft w/ Maria-AR</b></p>   | <p><b>28</b><br/><b>8:30</b> <b>Seven Feathers Day Trip</b><br/>9:00 Daily Calm-TV<br/>9:30 Weights Class-AR<br/><b>10:30</b> <b>Bible Study-AR</b><br/><b>1:30</b> <b>Employee vs Residents Beanbag Baseball-AR</b><br/>3:00 Country Drive<br/>7:00 The Chosen-TV</p>                             | <p><b>29</b><br/>9:00 Daily Calm-TV<br/>9:30 Chair Drumming-AR<br/>10:00 Ukulele Jamming-AR<br/>1:00 Cornhole-AR<br/><b>2:30</b> <b>Social Hour w/ “In” Kahoots-DR</b><br/>6:00 Skip-Bo-DL</p>  | <p><b>30</b><br/>9:00 Daily Calm-TV<br/>9:30 Strength Class-AR<br/>10:00 Ukulele Jamming-AR<br/>1:00 Popcorn-LR<br/>1:30 \$ Bingo-AR<br/>2:30 Wii Bowling-TV<br/><b>6:45</b> <b>“A Christmas Carol” at the Collaborative Theatre \$38</b></p>                                       | <p>Activities are subject to change. Please check your <b>Weekly Wave</b> for updated information.</p>  |  |  |

 **Sign Up Required**

**Red-Time Change**

**Blue-New This Month**

