

## Birthdays

- 10/04 Dorothy McMahan
- 10/06 Angelie Pitari (PC/DR)
- 10/07 Carol Phillips
- 10/08 Susan Bradley (Hskg)
- 10/14 Gay Pollard
- 10/14 RJ Blackaby (Plant Eng.)
- 10/17 Yvonne Badura
- 10/26 Olga Vigue
- 10/26 Dona Myers
- 10/28 Susan Miller
- 10/30 Mary Sills

### Loving Memory

**GRACE ARMSTRONG**  
**ANITA JOHNSON**

### Happy Anniversary

- 10/22 Frank & Jan Meadows
- 10/29 Pat & Bert Bales

### Happy Workiversary

9 Years - Zoya Saucedo, DR Supervisor

## Welcome Home

- Apt 205 Dimitri Tonkil
- Apt 513 John & Pam Willard
- Apt 614 Don & Rita Paul

### MEET OUR EXECUTIVE CHEF CHEF KELSEY SLATER



Hello, everyone! I just recently moved back to Oregon after being gone for 16 years. I have been in the culinary industry for 18 years with 9 years experience as an Executive Chef. I'm grateful to have had so many opportunities to expand my culinary knowledge by being trained under some incredible Chefs from around the world during my culinary externship at Disney World, working my way up to becoming the Chef at the National Gallery of Art in Washington, D.C., getting to travel all over the United States as a traveling Chef, and learning different cuisines like Japanese, Italian, Spanish, and many more. I absolutely love what I do and being able to learn more about the industry daily and helping others on their journeys along the way. I am excited for this opportunity and looking forward to seeing what my new chapter will bring to me here, and I am excited to get to know you all!

### MANAGEMENT TEAM

General Manager	Charmagne Blackaby
Marketing Director	Steve Emerson
Business Office Mgr.	Melissa Oar
Personal Care Director	Leilani Kahananui
Social Coordinator	Maria Perez
Hskp Supervisor	Yesi Cortez
Plant Engineer	RJ Blackaby
Executive Chef	Kelsey Slater
DR Supervisor	Zoya Saucedo
Fitness Director	Rachel Gibson

#### TRANSPORTATION

- Mon** All Appointments
- Tues** All Appointments
- Wed** All Appointments
- Thurs** Medical Only
- Fri** Medical Only
- Sat** All Appointments
- Sun** Church Services Only

*Sign up by 4pm day before*  
*Sign up by 4pm Friday prior*

#### ACTIVITY LOCATIONS

AR	Activity Room	Lib	Library
DL	Diamond Lake	Gym	Fitness Room
DR	Dining Room	OF	Out Front
LR	Living Room	BP	Back Patio
TV	Theatre Room		



### FOUNTAIN PLAZA

*"All the Comforts of Home"*

1441 Morrow Road  
Medford, OR 97504  
541-772-6005  
www.fountainplaza.com



# FOUNTAIN PLAZA

*"All the Comforts of Home"*



# October

# 2024

**SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY**



<p><b>6</b> 3:30 Vespers w/ Pastor Jeff Lundblad (Eastwood Baptist Church) Music by the McLarens-AR 7:00 Movie Night-TV</p>	<p><b>7</b> 9:00 Daily Calm-TV 9:30 Balance &amp; Stability-AR 10:30 Bingo-AR 1:00 Ladder Golf-AR 2:00 Resistance Bands-AR</p>	<p><b>8</b> 9:00 Daily Calm-TV 9:30 Fitness w/ Meredith (Video) 10:30 Bible Study-AR 1:00 Giant Jenga-LR 1:30 Voter Registration-Lib (1 hour) 2:30 Mobility Ball Exercise-AR 2:30 Armchair Travel: Outlaws of the Old West-TV 7:00 TV Series: The Chosen-TV</p>	<p><b>9</b> 9:00 Daily Calm-DL 9:30 Seated Strength-AR 10:00 Ukulele Jamming-DL 10:00 Lunch at Talon Grille (HP-RSVP 10/4) 1:00 First Aid/CPR Training-AR/TV 1:00 Cornhole-LR 2:00 Balance &amp; Stability-LR 2:30 Social Hour w/ Tracy Davy-DR</p>	<p><b>10</b> 9:00 Daily Calm-DL 9:30 Fitness w/ Meredith (Video)-AR 10:00 Ukulele Jamming-DL 1:00 Popcorn-LR 1:30 \$ Bingo-AR 2:30 Wii Bowling-TV 2:30 Stretch Fitness-AR</p>	<p><b>11</b> 9:00 Daily Calm-TV 9:30 Seated Strength-AR 10:00 Prayer Group-DL 11:00 Tinseltown Movie: "White Bird" (FP-RSVP 10/4) 1:30 Pinochle-AR 2:00 Rumikub-AR 6:00 Mexican Train-AR 7:00 Movie Night-TV</p>	<p><b>12</b> 9:00 Daily Calm-TV 9:30 Wii Bowling-AR 1:00 Wordsmiths-TV 2:00 Card/Dime Bingo-AR 3:00 Country Drive 6:00 Skip-Bo-DL 7:00 Movie Night-AR</p>
<p><b>13</b> 3:30 Vespers w/ Pastor Bob Stubenrauch (Mountain Church w/ Communion) Music by Carolyn &amp; Pat-AR 7:00 Movie Night-TV</p>	<p><b>14 COLUMBUS DAY</b> 9:00 Daily Calm-TV 9:30 Balance &amp; Stability-AR 10:30 Bingo-AR 1:00 Ladder Golf-AR 2:00 Resistance Bands-AR 2:30 Actors Workshop-AR <i>We're looking for more actors!</i></p>	<p><b>15</b> 9:00 Daily Calm-TV 9:30 Fitness w/ Meredith (Video)-AR 1:00 Giant Jenga-LR 2:30 Mobility Ball Exercise-AR 7:00 TV Series: The Chosen-TV</p>	<p><b>16</b> 9:00 Daily Calm-TV 9:30 Seated Strength-AR 10:00 Ukulele Jamming-AR 1:00 Cornhole-AR 2:00 Balance &amp; Stability-AR 2:30 Oktoberfest Social w/ Louis Faro 5:15 Cabaret Theater: "Sherlock Holmes" (TC-RSVP 09/27)</p>	<p><b>17</b> 9:00 Daily Calm-TV 9:30 Fitness w/ Meredith (Video)-AR 1:00 Popcorn-LR 1:30 \$ Bingo-AR 2:30 Stretch Fitness-AR 2:30 Wii Bowling-TV</p>	<p><b>18</b> 8:30 Rain Rock Casino (HP-RSVP 10/11) 9:00 Daily Calm-TV 9:30 Seated Strength-AR 10:00 Prayer Group-DL 11:00 Lunch Bunch: Blue Fish Hawaiian Fusion 1:00 "Nunsations" at TC (TC-RSVP 10/14) 1:30 Pinochle-AR 6:00 Mexican Train-AR 7:00 Movie Night-TV</p>	<p><b>19</b> 9:00 Daily Calm-TV 9:30 Wii Bowling-AR 1:30 Card/Dime Bingo-AR 2:30 Wordsmiths-TV 3:00 Country Drive 6:00 Skip-Bo-DL 7:00 Movie Night-TV</p>
<p><b>20</b> 1:30 Rogue Valley Symphony (TC-RSVP 09/27) 3:30 Vespers w/ Pastor Ryan Emerick (New Life Nazarene) Music by Carolyn &amp; Pat-AR 7:00 Movie Night-TV</p>	<p><b>21</b> 9:00 Daily Calm-TV 9:30 Balance &amp; Stability-AR 10:30 Bingo-AR 1:00 Ladder Golf-AR 2:00 Employee Inservice-AR/TV 3:30 Bugs R Us: Australian Animals-AR</p> <p><b>SUPER CHANGE JAR</b> Donate any loose change you have all week at the Front Desk</p>	<p><b>22 PAJAMA DAY</b> 9:00 Daily Calm-TV 9:30 Fitness w/ Meredith 10:30 Bible Study-AR 1:00 Giant Jenga-LR 1:30 Halloween Clay Pot Painting-AR 2:30 Mobility Ball Exercise-AR 7:00 TV Series: The Chosen-TV</p> <p>Employees pay \$1 to wear pajamas</p>	<p><b>23</b> 9:00 Vaccine Clinic-AR (COVID/Shingles/Flu/RSV/Pneumonia) 10:00 Employee Pumpkin Patch 1:00 Cornhole-AR 2:00 Balance &amp; Stability-AR 2:30 Social Hour w/ the Melody Makers-DR</p>	<p><b>24</b> 9:00 Daily Calm-TV 9:30 Fitness w/ Meredith (Video) 9:30 Wii Bowling-AR 10:00 Ukulele Jamming-AR 10:00 Medford Grower's Market (FP-RSVP 10/10) 1:30 \$ Bingo-AR 2:30 Fundraiser: Live-action "Barbie Movie" Showing &amp; Popcorn-TV</p>	<p><b>25</b> 9:00 Daily Calm-TV 9:00 Prayer Group-DL 9:30 Seated Strength-AR 10:00 Fundraiser Bake Sale-LR 11:00 Lunch Bunch: Tosu Ramen 12:45 Del Rio Wine Tasting (HP-10/22) 1:30 Fundraiser Texas Hold 'Em-AR 2:00 Rumikub-AR 6:00 Mexican Train-AR</p>	<p><b>26</b> 9:00 Daily Calm-TV 9:30 Wii Bowling-AR 1:30 Card/Dime Bingo-AR 2:30 Wordsmiths-TV 3:00 Country Drive 6:00 Skip-Bo-DL 7:00 Movie Night-TV</p>

<p><b>27</b> 2:00 Craterian: Teen Musical Theater "Howlin' Halloween" (TC-RSVP 09/27) 3:30 Vespers w/ Pastor Kevin Gowland Music by Carolyn &amp; Pat-AR 7:00 Movie Night-TV</p>	<p><b>28</b> 9:00 Daily Calm-TV 9:30 Balance &amp; Stability-AR 10:30 Bingo-AR 11:00 Pumpkin Voting Opens-LR 1:00 Ladder Golf-AR 2:00 Resistance Bands-TV 2:30 Actors Workshop-AR <i>Join our Actors Workshop! No experience welcome!</i></p>	<p><b>29</b> 9:00 Daily Calm-TV 9:00 Seven Feathers Day Trip 9:30 Fitness w/ Meredith (Video) 10:30 Crafts w/ Ruth-AR (Real Flower Arrangements) 1:00 Cocktail Hour w/ RJ &amp; Rachel-AR 2:30 Mobility Ball Exercise-AR 7:00 TV Series: The Chosen-TV</p>	<p><b>30</b> 9:00 Daily Calm-TV 9:30 Seated Strength-AR 10:15 Halloween Cookie Decorating-AR 1:00 Cornhole-AR 2:00 Balance &amp; Stability-AR 2:30 Social Hour w/ Matt Spulock-DR</p>	<p><b>31 HAPPY HALLOWEEN</b> 9:00 Daily Calm-TV 9:30 Fitness w/ Meredith 10:00 Ukulele Jamming-AR 12:00 Halloween Costume Parade Contest-DR 1:00 Popcorn-LR 1:30 \$ Bingo-AR 2:30 Stretch Fitness-AR TBD Wilson Elementary Trick-or-Treaters</p>	<p>Activities are subject to change. Please check your <b>Weekly Wave</b> for updated information.</p>	<p><b>FOUNTAIN PLAZA</b> "All the Comforts of Home" 1441 Morrow Road Medford, OR 97504 541-772-6005</p>
--	---	--	---	--	--	---

Sign Up Required

**Tri-Comm Activity** sign up required, refer to tri-community flyer for details

**Blue—Fitness**