

**SUNDAY**

**Lunch: Blackened Salmon Olive Garden Salad**

Grilled blackened salmon, chopped garden salad mix, Roma tomatoes, pepperoncini, red onions, black olives, croutons, and shredded parmesan cheese tossed in a creamy Italian dressing

**Dinner: Chicken Enchiladas**

Shredded chicken rolled in tortillas and topped with enchilada sauce and cheese, served with rice and refried beans

**MONDAY**

**Lunch: Chicken Teriyaki**

Diced chicken and vegetables in a teriyaki sauce, served with a side of rice

**Dinner: Sweet Garlic Steak Pasta**

Sliced steak, over fettuccine tossed in a honey, red pepper flake sauce topped with parsley and served with green beans

**TUESDAY**

**Lunch: Big Mac Salad**

Romaine lettuce, ground beef, chopped pickles, tomato, onion, sesame seeds with a mac dressing

**Dinner: BBQ Pork Ribs**

Honey barbecue ribs with coleslaw and mac 'n cheese

**WEDNESDAY**

**Lunch: Chipotle Style Chicken Burrito**

Diced chicken, rice, beans, pico de gallo, cheese, fajita vegetables, and lime crema wrapped in a tortilla and served with tortilla chips and queso

**Dinner: Spaghetti & Meatballs**

Spaghetti tossed in a red sauce with meatballs served with steamed carrots

**THURSDAY**

**Lunch: Nacho Bar**

Ground beef, diced chicken, nacho cheese, tortilla chips, with a variety of toppings

**Dinner: Chicken Fried Pork Ribeye**

Crispy pork ribeye served with mashed potatoes, gravy,  
and braised red cabbage

**FRIDAY**

**Lunch: Thai Peanut Shrimp**

Shrimp and stir fry vegetables, on top of yakisoba noodles  
tossed in a peanut sauce

**Dinner: Cowboy Butter Chicken**

Chicken breast marinated and grilled in an herb-infused butter, served with  
power blend vegetables and scalloped potatoes

**SATURDAY**

**Lunch: Broccoli Cheddar Soup**

Classic broccoli cheddar soup in a sourdough bread bowl

**Dinner: Shepherd's Pie**

Seasoned ground beef with peas, carrots, and onions in a rich beef gravy topped with  
mashed potatoes and baked served with a side salad and a dinner roll