

SUNDAY

Lunch: Mushroom Swiss Burger

All-beef patty topped with sauteed mushrooms and onions,
served with fried potato wedges

Dinner: Chicken Parmesan

Breaded chicken breast smothered in marinara sauce and topped with mozzarella and
parmesan, served with corn and steamed broccoli

MONDAY

Lunch: Chili Cheese Hotdog

Hotdog topped with chili, shredded cheddar jack cheese, and
diced onion, served with chips

Dinner: Ground Beef Tostada

Crispy tostada topped with refried beans, seasoned ground beef, cheddar cheese,
lettuce tomato, onion, sour cream, and avocado

TUESDAY

Lunch: Fountain Chipotle Bowl

Cilantro lime white rice with black beans, topped with beef or chicken, pepper jack
cheese, pico de gallo, sour cream, and avocado

Dinner: Creamy Tuscan Salmon

Seared salmon in a rich garlic parmesan cream sauce with sundried tomatoes,
mushrooms, and fresh baby spinach topped with basil, served with garlic bread

WEDNESDAY

Lunch: Roast Beef Sandwich

Open faced roast beef sandwich served on a slice of thick cut French bread, topped with
mashed potatoes smothered in brown gravy, served with bacon and onion green beans

Dinner: Asian Chicken salad

A mix of romaine and purple cabbage, with shredded carrots and green onions, topped
with mandarin oranges, pineapple, and shredded chicken, served with an Asian dressing

THURSDAY

Lunch: Huli Chicken

Chicken thigh marinated in Huli sauce grilled to perfection, served with spam fried rice and traditional Hawaiian mac salad

Dinner: Italian Sausage Dog

Grilled Italian sausage in a hot dog bun topped with caramelized onion, minced garlic sweet peppers, and brown mustard, served with an Italian salad with olives, tomatoes, pepperoncini, and red onion

FRIDAY

Lunch: Prime Rib Sandwich

Thinly sliced prime rib piled on a hoagie roll with arugula, caramelized onions, and horseradish sauce, served with a cup of corn chowder.

Dinner: Firecracker Salmon

Salmon filets with a smoky paprika and brown sugar glaze oven baked then served with scalloped potatoes and green beans.

SATURDAY

Lunch: Chicken Cobb Salad

Iceberg lettuce topped with tomato, red onion, hard boiled egg, bacon, avocado, and cheddar cheese

Dinner: BLTA

Bacon, lettuce, tomato, and avocado on sourdough, served with a side salad with cucumbers, cherry tomato, and red onion