

SUNDAY

Lunch: Honey Ginger Soy Chicken Wings

Chicken wings deep fried and tossed in honey soy ginger sauce, served with Cajun macaroni salad and fresh watermelon with mint

Dinner: Rosemary Balsamic Steak

Steak marinated in a rosemary balsamic vinegar grilled and topped with balsamic glaze and blue cheese crumble, served with scalloped potatoes and green beans

MONDAY

Lunch: Caesar Chicken Wrap

Flour tortilla stuffed with grilled chicken, romaine lettuce, tomato, bacon, parmesan cheese, a creamy Caesar dressing and croutons, served with potato salad

Dinner: Shrimp & Grits

Sauteed shrimp, red onion, bell pepper, garlic and bacon bits, over creamy cheesy grits, topped with a poached egg and pickled red onions

TUESDAY

Lunch: Taco Salad

Shredded lettuce, ground beef or shredded chicken, seasoned refried beans, cheddar cheese, tomato, avocado and sour cream, all served in a tortilla bowl

Dinner: Roasted Pork Tenderloin

Roasted pork loin served with chef vegetables, mashed potatoes, and pork gravy

WEDNESDAY

Lunch: Patty Melt

Seasoned beef patty, Swiss cheese, caramelized onions, and thousand island on grilled sourdough, served with coleslaw and onion rings

Dinner: Creamy Corned beef and Hash

Corned beef, onion, potatoes, garlic and spinach in a creamy sauce, served with side of fruit and a dinner roll

THURSDAY

Lunch: Beer Battered Fish & Chips

Beer battered cod with seasoned French fries,
coleslaw, and a lemon wedge

Dinner: Chicken Parmesan

Crispy breaded chicken cutlet fried then topped with marinara sauce and melted mozzarella cheese, served with garlic parmesan spaghetti noodles and a fresh garden salad

FRIDAY

Lunch: Shrimp Louie Salad

Bay shrimp, hardboiled egg, tomato, cucumber, olives, carrots, purple cabbage, and avocado on a bed of iceberg lettuce with thousand island dressing

Dinner: Beef Stroganoff

Tender beef strips in a rich sour cream sauce with mushrooms over egg noodles, served with roasted Brussel sprouts and garlic bread

SATURDAY

Lunch: Classic Turkey Club Sandwich

Classic club sandwich with turkey, ham, bacon, lettuce, tomato,
on sourdough bread, served with fruit

Dinner: Garlic Parmesan Cod

Filet of cod seasoned with garlic and parmesan,
served with mashed potatoes and chef vegetables