

**SUNDAY**

**Lunch: Rib Dip**

Thinly sliced sirloin and grilled onion with melted provolone cheese on a hoagie roll,  
served with au jus and French fries

**Dinner: Cajun Shrimp Alfredo**

Tender, pan seared Cajun seasoned shrimp with broccoli and roasted red peppers, served over a  
bed of fettuccine pasta, tossed in a rich garlic parmesan cream sauce topped with  
green onion and served with garlic bread

**MONDAY**

**Lunch: Crispy Chicken Wrap**

Crispy chicken, Iceberg lettuce, tomatoes, red onion, shredded cheese and  
ranch dressing all wrapped in a spinach tortilla served with red grapes

**Dinner: Teriyaki Chicken Thigh**

Baked boneless chicken thighs in a teriyaki glaze,  
served with mixed vegetables and orzo pasta

**TUESDAY**

**Lunch: Chili Cheeseburger**

Juicy flame-grilled beef patty served open face on a toasted brioche bun smothered in our hearty  
chili, and topped with shredded cheddar cheese and diced onions, served with a  
watermelon feta salad topped with balsamic glaze

**Dinner: Sliced Turkey Breast Dinner**

Oven-roasted sliced turkey breast served over creamy mashed potatoes covered in a rich turkey  
gravy served with savory herbed stuffing, cranberry sauce, and a warm buttery dinner roll

**WEDNESDAY**

**Lunch: Blackened Shrimp Salad**

Blackened grilled shrimp on iceberg lettuce with tomatoes, cheese, olives,  
avocado and green onions, served with a dinner roll

**Dinner: Shake & Bake Chicken Legs**

Panko breaded chicken legs, seasoned and baked, served with mashed potatoes,  
chicken gravy, and baby steamed carrots

**THURSDAY**

**Lunch: Chicken Pear Salad**

Romaine lettuce with sliced Bartlett pears, sliced tomatoes, crumbled gorgonzola cheese, candied pecans, and pickled red onions topped with marinated chicken breast, served with a warm roll and choice of dressing

**Dinner: Honey Balsamic Cod**

Grilled Cod drizzled with a honey balsamic sauce,  
served with steamed mixed vegetables and wild rice

**FRIDAY**

**Lunch: Baked Potato Bar**

Baked russet or sweet potato, chili, nacho cheese, shredded chicken,  
grilled shrimp and a variety of toppings

**Dinner: Apple Rosemary Stuffed Pork Loin**

Pork loin stuffed with diced apples and sweet onions topped with a honey cider sauce,  
served with sautéed fresh green beans and corn bread stuffing

**SATURDAY**

**Lunch: Turkey Bacon Sandwich**

Smoked turkey, crispy bacon, arugula, roasted red peppers aioli, avocado, and  
balsamic vinaigrette on a ciabatta roll served with ranch potato chips

**Dinner: Chile Relleno**

A roasted poblano pepper stuffed with melted cheese lightly coated in a fluffy egg batter the deep  
fried and topped with a cilantro lime cream sauce and avocado,  
served with Mexican rice and refried pinto beans