Happy Birthday!

11/05 Jim Dinkins
11/09 Esai Avina
11/11 Julian Avina
11/15 Litzy Ines Vazquez
11/19 Rose Lopez
11/22 Carolyn Campbell
11/25 Nadine Bakker
11/29 Bob Cole



EMPLOYEE OF THE MONTH

Grace Pitari
WAITSTAFF

As a Dining Room Server for almost four years, Grace has consistently demonstrated responsibility, reliability, and dedication to our residents. Her dependability and commitment to providing excellent service make her a valued member of the Fountain Plaza team.
Thank you, Grace, for all you do!

In loving memory
Debra Berland

Apt 801
Craig Adams

Apt 316
Betty Thompson

Home Sweet Home

HAPPY Anniversary
11/09 Jess & Jeannie - 41 Years
GLADSON



11/21 Benita Gutierrez(1 Year)
11/26 Angelie Pitari (19 Years)

MANAGEMENT TEAM

General Manager	Charmagne Blackaby
Marketing Director	James Denner
Personal Care Director	Leilani Kahananui
Social Coordinator	Marcie Dixon
Hskg Supervisor	Yesi Cortez
Plant Engineer	RJ Blackaby
Executive Chef	Rudy Meza
DR Supervisor	Zoya Saucedo
Fitness Director	Rachel Gibson

TRANSPORTATION

Mon	All Appointments
Tues	All Appointments
Wed	All Appointments
Thurs	All Appointments
Fri	All Appointments
Sat	All Appointments
Sun	Church Services Only

* 8:30-5:00

* *Sign up by 4pm day before*
* *Sign up by 4pm Friday prior*

ACTIVITY LOCATIONS

AR	Activity Room	**Lib**	Library
DR	Dining Room	**Gym**	Fitness Center
LR	Living Room	**OF**	Out Front
TV	Theater Room	**BP**	Back Patio
DL	Diamond Lake Room		

FOUNTAIN PLAZA
Retirement Community

1441 Morrow Road
Medford, OR 97504
541-772-6005
www.fountainplaza.com

FOUNTAIN PLAZA

"All the Comforts of Home"



November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Daylight Savings Time Ends *(fall back 1 hour)* 3:30 Vespers w/ Pastor Darrel Wiltrout *Trail Christian Fellowship* Music by Carolyn and Barbara 6:00 Billiards-BR 7:00 Movie Night-TV	**2** 9:00 Seated Strength-AR 9:30 Seated Strength-AR 10:30 Bingo-AR 1:00 Ladder Golf-AR 2:00 Ageless Grace-AR 6:00 Rummikub-AR	**3** 9:00 Balance-AR 9:30 Balance-AR **10:30 Crafts w/ Ruth-AR*** 1:00 Chair Volleyball-AR 2:30 Gentle Stretch-AR 3:10 Left Center Right-AR 5:00 Hula w/ Leilani-AR 6:00 Wii Bowling-TV	**4** 9:00 Seated Strength-AR 9:30 Seated Strength-AR 10:15 Ukulele Jamming-AR **1:30 Food Committee-AR** 2:30 Social Hour: Dom Fontana 5:00 Hula w/ Leilani-AR 6:00 Billiards-BR	**5** 9:00 Balance-AR 9:30 Balance-AR 10:15 Ukulele Jamming-DL 1:00 Popcorn-LR 1:00 $ Bingo-AR **2:30 Resident Council-AR** 5:00 Hula w/ Leilani-AR 6:00 Faith-Based Movie-TV	**6** 9:30 Gentle Stretch-AR 10:15 Prayer Group-TV **11:00 Lunch Bunch: New China*** **1:30 Texas Hold 'Em-AR** 2:00 Pinochle-DR 6:00 Mexican Train-AR 7:00 Movie Night-TV	**7** 8:30 Wii Bowling-TV 10:00 Writers & Readers-DL 1:00 Card/Dime Bingo-AR 2:00 Bible Study-TV **3:00 Country Drive: Eagle Point VA Cemetary*** 7:00 Movie Night-TV
8 3:30 Vespers w/ Pastor Bob Stubenrauch *Mountain Church w/ Communion* Music by Carolyn and Pat 6:00 Billiards-BR 7:00 Movie Night-TV	**9** 9:00 Seated Strength-AR 9:30 Seated Strength-AR 10:30 Bingo-AR **11:00 Red Robin Lunch then Tinseltown Movie: "Jimmy" (FP)*** 1:00 Ladder Golf-AR 2:00 Ageless Grace-AR 2:45 Readers Theater Practice-AR **3:30 Bugs R Us: Oregon Trail-TV** 6:00 Rummikub-AR	**10** 9:00 Balance-AR 9:30 Balance-AR **10:30 Bible Study-AR** **10-2 Walker Clinic by Black Oak Home Medical-TV then AR*** 1:00 Chair Volleyball-AR 12:50 Depart for **Wilson Elementary Veterans Program*** **2:00 Armchair Travel: New England-TV** 2:30 Gentle Stretch-AR 3:10 Left Center Right-AR 5:00 Hula w/ Leilani-AR 6:00 Wii Bowling-TV	**11 Veterans Day** 9:00 Seated Strength-AR 9:30 Seated Strength-AR **10:00 Flag Ceremony-OF** 10:15 Ukulele Jamming-AR **11-2 Veterans Day Buffet-DR** 1:00 Cornhole-AR 2:30 Social Hour: Larry Wheatley-DR 5:00 Hula w/ Leilani-AR 6:00 Billiards-BR	**12** 9:00 Balance-AR 9:30 Balance-AR 10:15 Ukulele Jamming-DL 1:00 Popcorn-LR 1:00 $ Bingo-AR 2:30 Rhythm & Dance-AR 3:10 Golf Chipping-AR 5:00 Hula w/ Leilani-AR	**13** 9:00 Mystery Fitness-AR 9:30 Gentle Stretch-AR 10:15 Prayer Group-TV **11:00 Lunch Bunch: Punky's Diner*** **1:00 Holiday Market at the Expo (TC)*** 2:00 Pinochle-DR 6:00 Mexican Train-AR 7:00 Movie Night-TV	**14** 8:30 Wii Bowling-TV 10:00 Writers & Readers-DL 1:00 Card/Dime Bingo-AR 2:00 Bible Study-TV **2:30 Rogue Valley Voices "America 250" Program-DR** **3:15 Country Drive: Rogue Valley Mall for Halloween Trains*** 7:00 Movie Night-TV
15 3:30 Vespers w/ Pastor Loren Myers *New Life Nazarene* Music by Carolyn and Pat 6:00 Billiards-BR 7:00 Movie Night-TV	**16** 9:00 Seated Strength-AR 9:30 Seated Strength-AR 10:30 Bingo-AR 1:00 Ladder Golf-AR 2:00 Ageless Grace-AR 2:45 Readers Theater Practice-AR 6:00 Rummikub-AR	**17** 9:00 Balance-AR 9:30 Balance-AR **10:30 Crafts w/ Ruth-AR*** 1:00 Chair Volleyball-AR 2:30 Gentle Stretch-AR 3:10 Left Center Right-AR 5:00 Hula w/ Leilani-AR 6:00 Wii Bowling-TV **Foot Care Clinic by Appt ***	**18** 9:00 Seated Strength-AR 9:30 Seated Strength-AR 10:15 Ukulele Jamming-AR 1:00 Cornhole-AR 2:30 Birthday Bash w/ Louis Faro-DR 5:00 Hula w/ Leilani-AR 6:00 Billiards-BR	**19** 9:00 Balance-AR 9:30 Balance-AR 10:15 Ukulele Jamming-DL **10:15 Coffee & Convo-AR** 1:00 Popcorn-LR 1:00 $ Bingo-AR 2:00 Rhythm & Dance-AR 5:00 Hula w/ Leilani-AR 6:00 Faith-Based Movie-TV	**20** 9:30 Gentle Stretch-AR 10:15 Prayer Group-TV **11:00 Lunch Bunch: Outback*** 2:00 Pinochle-DR 2:00 Employee Inservice-TV 6:00 Mexican Train-AR 7:00 Movie Night-TV	**21** 8:30 Wii Bowling-TV 10:00 Writers & Readers-DL 1:00 Card/Dime Bingo-AR **1:00 Craterian: Gingerbread Jubilee (HP)*** 2:00 Bible Study-TV **3:00 Country Drive: Agate Lake*** 7:00 Movie Night-TV
22 3:30 Vespers w/ Pastor Bruce Smith *His Valley Church* Music by Carolyn and Pat 6:00 Billiards-BR 7:00 Movie Night-TV	**23** 9:00 Seated Strength-AR 9:30 Seated Strength-AR 10:30 Bingo-AR 1:00 Ladder Golf-AR 2:00 Ageless Grace-AR **2:45 Trivia Battle: US Geography-AR*** 3:30 Readers Theater Practice-AR 6:00 Rummikub-AR	**24** 9:00 Balance-AR 9:30 Balance-AR **10:30 Bible Study-AR** **11-1 Chili Cook-Off-AR*** 1:00 Chair Volleyball-AR **1:00 Sound Bath Meditation-DL** 2:30 Gentle Stretch-AR 3:10 Left Center Right-AR 5:00 Hula w/ Leilani-AR 6:00 Wii Bowling-TV	**25** 9:30 Seated Strength w/ Charmagne-AR 10:15 Ukulele Jamming-AR 1:00 Cornhole-AR 2:30 Social Hour: Encore Duo-DR 5:00 Hula w/ Leilani-AR 6:00 Billiards-BR	**26 Thanksgiving Day** 11-2 Thanksgiving Buffet	**27** 9:30 Seated Strength w/ Charmagne-AR 10:15 Prayer Group-TV **11:00 Lunch Bunch: Noho's*** 2:00 Pinochle-AR 6:00 Mexican Train-AR 7:00 Movie Night-TV	**28** 8:30 Wii Bowling-TV 10:00 Writers & Readers-DL 1:00 Card/Dime Bingo-AR 2:00 Bible Study-TV **3:00 Country Drive: Ashland*** 7:00 Movie Night-TV
29 3:30 Vespers w/ Pastor Lee Gregory Medford Neighborhood Church Music by Carolyn and Pat 6:00 Billiards-BR 7:00 Movie Night-TV	**30** 9:00 Seated Strength-AR 9:30 Seated Strength-AR 10:30 Bingo-AR 1:00 Ladder Golf-AR 2:00 Ageless Grace-AR **2:45 Cocktails & Convo-AR** 3:30 Readers Theater Practice-AR 6:00 Rummikub-AR					

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✱ Sign Up Required | FITNESS CLASS | TRI-COMM ACTIVITY | *Refer to Tri-Community Flyer for details* | CHANGE HAPPENS | *Don't miss out! See your Weekly Wave for updated information and announcements.*

Get to Know Your Regular Activities

MUSIC & ENTERTAINMENT

- ***Armchair Travel-***Dan and Carole visit monthly to share about different places they've traveled.
- ***Bugs-R-Us-***John Jackson comes monthly with topics related to nature and animals. Topic posted on the calendar.
- ***Movie Nights-***bring your own blanket and/or snacks. If you have any suggestions, please share them with Activities and we'll see if we can locate them on our streaming sites.
- ***Readers Theater-***this is a group that puts on shows for the residents that involves reading scripts. Think of it like a radio show! The group rehearses twice a month and puts on a show when they are ready!
- ***Social Hour-***entertainers visit as you sip on alcoholic or non-alcoholic beverages. Appetizers available.
- ***Ukulele Jamming-***if you've had some experience with either a ukulele or guitar, this would be for you. It's a jam session and residents learn from each other on their ukulele technique. We have some starter ukuleles that you can borrow for a few sessions to see if it's for you! Feel free to stop in to observe or sing along.

COMMITTEES

- ***Resident Council-***all residents welcome to attend. Similar to a town hall meeting, this is one of the modes of communication between management and residents. This is led by the Resident Council Board.
- ***Food Committee-***all residents are welcome to attend. Residents share their compliments, constructive criticism, and suggestions about food.

OTHER

- ***Vespers-***non-denominational services on Sundays where you can listen to teachings led by various pastors and sing hymns.
- ***Prayer Group-***this is a smaller resident group happening each Friday.
- ***Bible Study-***one study is led by Pastor Kevin from the New Life Nazarene offered every other week and another one led weekly by resident Jane Reece every Saturday. Come join both!
- ***Country Drive-***hop on the bus and take a scenic ride. We rotate sign ups to give others a chance to ride.
- ***Writers & Readers-***residents are welcome to share their own writings or books they've read with the group.
- ***Coffee & Convos-***we gather monthly for some good coffee and conversations.
- ***Cocktails & Convos-***we gather monthly for some good cocktails and conversations.

Activity Scoop

ACTIVITY DETAILS

11/03 ***Crafts w/ Ruth*-***Sign up at the Front Desk to join in on the craft!
11/04 ***Food Committee-*** All residents are welcome to attend. Residents share their compliments, constructive criticism, and suggestions about food.
11/05 ***Resident Council-***All residents welcome to attend. Similar to a town hall meeting, this is one of the modes of communication between management and residents. This is led by the Resident Council Board.
11/09 ***Bugs-R-Us-***Join John Jackson this month in the Theatre room and learn about the Oregon Trail.
11/09 ***Tri-Community Red Robin and Tinseltown Movie "Jimmy"* (RSVP by 11/5)-*** Fountain Plaza is hosting this outing. We will have lunch at Red Robin and take a short walk to Tinseltown to watch "Jimmy," a movie on the life of movie star James Stewart. The movie costs $9 to be paid at the Front Desk. Bring money for lunch!
11/06 ***Walker Clinic by Black Oak Home Medical*-***Sign up at the Front Desk for this free walker clinic. Get minor repairs fixed and/or have your walker adjusted correctly. Additional repair costs may be charged to you for more extensive repairs.
11/10 ***Armchair Travel-***Learn about different areas of the world. This month's topic is the Pioneer Shores.
11/10 ***Wilson Elementary Veterans Day Honoring*(RSVP by 11/6)-***Our Veterans are invited to join the children at Wilson Elementary for a program honoring Veterans. We will depart Fountain Plaza by bus at 12:50 p.m. Please sign up at the Front Desk.
11/11 ***Veterans Day Flag Ceremony-***Join us as we salute the flag and honor our Veterans.
11/11 ***Veterans Day Buffet-***sign up at the Front Desk if you wish to have guests. Each resident can have up to two (2) complimentary tickets for Veteran guests. Non-veteran ticket cost is $25.
11/13 ***Tri-Community Holiday Market at the Expo*(RSVP by 11/11)-***Twin Creeks is hosting this outing. Sign up at the Front Desk. This is free admission.
11/14 ***Rogue Valley Voices "America 250" Program-***this is a special program by Rogue Valley Voices celebrating 250 years of America.
11/17 ***Crafts w/ Ruth*-***Sign up at the Front Desk to join in on the craft!
11/17 ***Foot Care Clinic*(RSVP by 11/16)-***Denisse Bennefield will be here for foot care appointments. She charges $50, and you can pay by cash or check.
11/19 ***Coffee & Convos-***Join us for coffee and some great conversation!
11/21 ***Tri-Community Craterian Gingerbread Jubilee*(RSVP by 11/19)-***Horton Plaza is hosting this outing. $4 admission. Sign up at the Front Desk.
11/23 ***Trivia Battle: US Geography-***You will be grouped by teams and will work together to answer trivia questions. Think you're not great at trivia? Just come to learn something new and have fun!
11/24 ***Chili Cook Off-***Purchase a flight of chili samples created by the employees for $1 and vote for your favorite.
11/26 ***Thanksgiving Day Buffet*(RSVP by 11/18)-***Sign up at the Front Desk.

Activity Scoop

WHO'S IN?

Signup at the front desk if you would be interested in joining one of these groups. We will work on creating it for the calendar once interest is determined. If you have other activities to suggest, please contact Activities.

- ☐ BOOK CLUB
- ☐ WALKING/EASY HIKING CLUB
- ☐ QUILTING CLUB

LAST MONTH'S HIGHLIGHTS



Get to Know Your Regular Activities

GAMES

- ***Balloon Volleyball***-low impact seated game. You hit a balloon across a net against the other team.
- ***Bingo***-free to play. Winners receive prizes such as candy, cookies, or wine!
- ***Card/Dime Bingo***-bring your dimes to play this unique version of bingo. Players use decks of cards.
- ***Cornhole***-the typical game of cornhole! It's low impact and fun!
- ***Dollar ($) Bingo***-pay to play. Winners win money!
- ***Ladder Golf-***a fun team activity that involves tossing bolos at a target to get the most points.
- ***Mexican Train-***a fun game using dominos. Don't know how to play? Come and learn!
- ***Pinochle-***a card game that requires 4 players to a table. If you are a pinochle player, we'd love to have you!
- ***Rummikub***-reminiscent to a game of gin but using tiles!
- ***Left Center Right***-an easy dice game you can learn really quickly. Just bring $1-$2 worth of dimes.
- ***Texas Hold 'Em-***if you've ever played any game of poker, this would be easy to learn. Beginners welcome.
- ***Billiards-***anyone is welcome to play in our billiard room. Players determine the game.
- ***Wii Bowling-***players use a remote control aimed at the television for a simulated game of bowling.
- ***Golf Chipping-***think of ladder golf but chipping golf balls onto a target for points.

WELLNESS/FITNESS

- ***One-on-One Fitness-***this is either a solo or small group workout in the Fitness Center personalized to your level of fitness and movement. Contact Rachel, our Fitness Director, for more information. This is not on the calendar as they are scheduled individually.
- ***Group Fitness Classes-***see the Fitness Insert for our fitness group classes and descriptions.
- ***Hula w/ Leilani-***join our PC Director as she teaches her students hula. Residents are welcome to join as students or simply view the art of hula.
- ***Sound Bath Meditation-***this once-a-month wellness session is a full-body listening experience where participants are "bathed" in resonant sound waves and vibrations produced by instruments like singing bowls, gongs, chimes, and tuning forks.