

**SUNDAY**

**Lunch: Dill Chicken Salad Sandwich**

Dill chicken salad with lettuce and tomato on white bread with French fries

**Dinner: Lemon Herb Chicken**

Grilled marinated chicken served with  
rice and chef's vegetables

**MONDAY**

**Lunch: Mini Corndogs**

Mini corndogs with ranch,  
served with seasoned French fries

**Dinner: Shrimp Stir Fry**

Garlic shrimp sauteed with bell peppers, onions, and broccoli,  
served with rice

**TUESDAY**

**Lunch: Steak Mac 'n Cheese**

Mac 'n cheese with bacon and grilled steak, topped with shredded cheese  
and green onion, served with broccoli

**Dinner: Pork Loin**

Herb roasted pork with mashed potatoes  
and chef's vegetables

**WEDNESDAY**

**Lunch: Nacho Bar**

Ground beef and chicken with a variety of toppings

**Dinner: Dijon Chicken**

Chicken thigh in a caramelized Dijon mustard sauce, served with  
scalloped potatoes and chef's vegetables

**THURSDAY**

**Lunch: Crispy Chicken Sandwich**

Crispy chicken, shredded lettuce, tomato, pickles, and garlic aioli on a bun, served with fresh fruit

**Dinner: Beef & Broccoli**

Chinese beef and broccoli in a rich beef sauce served, with rice

**FRIDAY**

**Lunch: Pulled Pork Sandwich**

Barbecue pulled pork, pickles, and caramelized pineapple on a bun, served with coleslaw

**Dinner: Baked Tilapia**

Marinated baked tilapia, served with quinoa and chef's vegetables

**SATURDAY**

**Lunch: Blackened Shrimp Salad**

Blackened shrimp, cherry tomatoes, black beans, corn salsa, and avocado over salad greens with a honey lime vinaigrette

**Dinner: Pot Roast**

Slow-braised pot roast, served with mashed potatoes and carrots