

SUNDAY

Lunch: Dill Chicken Salad Sandwich

Dill chicken salad with lettuce and tomato on white bread with French fries

Dinner: Lemon Herb Chicken

Grilled marinated chicken served with
rice and chef's vegetables

MONDAY

Lunch: Mini Corndogs

Mini corndogs with ranch,
served with seasoned French fries

Dinner: Shrimp Stir Fry

Garlic shrimp sauteed with bell peppers, onions, and broccoli,
served with rice

TUESDAY

Lunch: Steak Mac 'n Cheese

Mac 'n cheese with bacon and grilled steak, topped with shredded cheese
and green onion, served with broccoli

Dinner: Pork Loin

Herb roasted pork with mashed potatoes
and chef's vegetables

WEDNESDAY

Lunch: Nacho Bar

Ground beef and chicken with a variety of toppings

Dinner: Dijon Chicken

Chicken thigh in a caramelized Dijon mustard sauce, served with
scalloped potatoes and chef's vegetables

THURSDAY

Lunch: Crispy Chicken Sandwich

Crispy chicken, shredded lettuce, tomato, pickles,
and garlic aioli on a bun, served with fresh fruit

Dinner: Beef & Broccoli

Chinese beef and broccoli in a rich beef
sauce served, with rice

FRIDAY

Lunch: Pulled Pork Sandwich

Barbecue pulled pork, pickles, and caramelized pineapple
on a bun, served with coleslaw

Dinner: Baked Tilapia

Marinated baked tilapia,
served with quinoa and chef's vegetables

SATURDAY

Lunch: Blackened Shrimp Salad

Blackened shrimp, cherry tomatoes, black beans, corn salsa, and avocado
over salad greens with a honey lime vinaigrette

Dinner: Pot Roast

Slow-braised pot roast,
served with mashed potatoes and carrots